

Creating conversations

Dying well takes planning



Join us online on Zoom for...

Share your story

Tuesday 8 December, 1.30-3.30pm

There are no rules for surviving grief, as each experience is unique. We are facing a time of such great upheaval and immeasurable change as we daily suffer through losses in various forms.

The impact of living under the shadow of Covid-19 is far reaching and will last for a long time. Our personal daily experience of bereavement, in various forms, will bring out powerful emotions and reactions. During National Grief Awareness Week, take this opportunity to honour your loved one by bringing a photo or a precious item and sharing your story.

Please join the Zoom meeting at
<https://us02web.zoom.us/j/7048734172>

You will need a password to access this event online, so please contact Carol Trower at c.trower@stchristophers.org.uk to book your space and receive the password. Attendance priority is given to people living in St Christopher's catchment area (Bromley, Croydon, Lambeth, Lewisham and Southwark). To find out more about this event visit www.stchristophers.org.uk/creatingconversations.

Please note that these are not counselling forums

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